

# day menu

## Salads

**Smoked salmon salad** 8.80  
Smoked salmon, romaine lettuce, new potatoes, boiled eggs, cherry tomatoes, red onion slices, black olives, grain mustard vinaigrette, peppered dill sour cream

**Goat cheese** 9.50  
Warm goat cheese crusted with almond flakes, mixed greens, dry figs, pomegranate, balsamic vinaigrette, chocolate glaze

**Mediterranean** 7.80  
Lettuce, cucumber, tomato wedges, onions, Kalamata olives, feta cheese, tahini vinaigrette

**Chicken tikka Caesar salad** 9.80  
Caesar salad with chicken tikka, papadums

**Rocket salad** 8.50  
Rocket, mint leaves, beetroots, trio tomato, pink pepper corns, balsamic vinaigrette

## Bready

**Ciabatta club sandwich** 9.00  
Ciabatta bread, grilled chicken, crispy bacon, omelette, cheese, lettuce, tomatoes, mayonnaise

**Ham and cheese sandwich** 6.50  
Triple decker sandwich with ham and melted cheese

**Smoked chicken wrap** 7.80  
Smoked chicken wrapped in tortilla bread with melted cheese, greens, mango chutney dressing

**Tuna salad in pita** 7.80  
Pita pocket filled with tuna, mayonnaise

**Cyprus sandwich** 8.50  
Grilled halloumi cheese & lountza (smoked pork loin), lettuce and tomatoes in Cypriot triara bread

**Soma burger** 9.80  
Home made beef burger with melted cheddar cheese, bacon, gherkins, lettuce, tomato, coleslaw, barbeque sauce

**Mexican burger** 9.80  
Melted cheese, sour cream, fried onion rings, lettuce, tomatoes, guacamole

## Late Breakfast

**Make your own omelette** 6.20  
Three eggs omelette made with a choice of your own stuffing

**Breakfast platter** 7.50  
Two fried eggs, sausage, grilled halloumi, mushrooms, bacon, grilled tomato, hash brown potatoes, orange juice

## Serious Snacks

**Penne Mediterranean** 8.90  
Penne pasta with sliced olives, feta, cumin, peppers, tomato sauce

**Spaghetti carbonara** 8.90  
Spaghetti tossed with bacon bits, fresh cream, garlic and parmesan

**Spaghetti bolognese** 8.70  
Spaghetti served with a sauce of aromatic beef meat, sun ripe tomatoes and basil

**Cod fish cakes** 13.00  
Cod fish cakes on tabouleh ginger salad, tomato chilli salsa, fried potatoes

**Calamari** 13.50  
Golden fried baby squid, fried potatoes, soy dip, sauce Tartar

**Salmon fillet** 14.50  
Grilled salmon enriched with lemon, ginger, freshly lime zest, moistened with extra virgin olive oil, served with new potatoes, side salad, pesto dip

**Pork chop** 9.80  
Marinated pork chop with freshly cut herbs, fried potatoes, side salad, hoisin barbeque sauce

**Pork kebab** 9.00  
Grilled pork kebab, Greek pita bread, tomatoes, cucumbers and parsley salad, tzatziki, fried potatoes

**Grilled chicken** 13.50  
Grilled chicken leg topped with prawns, sweet and sour dip, side salad, fried potatoes

**Chicken skewers** 9.20  
Infused with Indian spices and yogurt served with side salad, Greek pita, yogurt coconut dip



Ritual Lounge

**SOMA**